

2012 NEW YEAR GOALKEEPING CAMP



Saturdays & Sundays
January 14/15,21/22,28/29 & February 4/5,11/12,18/19
Saturdays: U10&U11 7-8pm; U12&Up 8-9pm
Sundays: U8&9 6-7pm; U12&Up 7-8pm

Location:
Hanley's Fitness Center
121 Industry Lane, Forest Hill

The camp will be instructed by Chad Lorenz, a NSCAA State and Regional certified instructor, with over 28 years of goal keeping experience.

The purpose of the camp is to help keepers improve their mechanics, movement, fundamental skills and most importantly their confidence at the goal keeper position. Training sessions will start off with basic catching and each session moving forward will build off of the previous. Each session will be fast paced. This will maximize the amount of touches each keeper receives.

The fee for the camp is **\$150.00**. Payment types are cash, check, and PayPal. PayPal is only available with online registration and can be found on the Thank You page. Sorry but there is a \$5 service fee for PayPal payment.

Space is limited and fills up fast. To reserve your spot please visit rocksolidkeeping.com to obtain a registration form. Online registration is available, or registration can be mailed to:
Rock Solid Keeping
12 E Brook Hill Ct.
Bel Air, MD 21014

Contact Chad with any questions at rocksolidkeeping@verizon.net. **The deadline for enrolment is January 11, 2011.**