

## WALL SET-UP

- 1- Walls should be used for free kicks from a distance of about 28 yards and closer from the goal.
- 2- Depending on where the ball is placed, the player in the wall closest to the near post should be positioned just to the outside of the post.
- 3- A jumping wall should only be used as a last resort, usually when it must be set up inside the 12 yard spot.
- 4- Where you set the fullbacks is important. To close to the goal, the more traffic the keeper has to deal with if he is needed to collect a chip or cross. To far from the goal and the keeper may not be able to cover enough area before an attacker can get to the ball.
- 5- Keepers should be reminded that on a indirect free kick, if the ball is shot directly at the goal, if they are not sure they can control the shot cleanly to just let it go into the goal. This is a very hard concept for young keepers to understand.
- 6- On indirect free kick you should use 1 or 2 blitzers. A blitzer is a player who, once the ball has been touched, runs directly at the shooter to disrupt the shot.



